Diabetes Prevention in Virginia: Current and Future Endeavors
Pillars of Building National DPP in Virginia

- Build Capacity
- Increase Reimbursement/Coverage
- Encourage HealthCare Providers to Screen, Test & Refer
- Increase Participation in the National DPP, Virginia
Build Capacity
Number of National DPPs in Virginia

2016: 8
2018: 46
2020: 36  Lost many YMCAs
2021: 35 + Hubs
Diabetes Prevalence by Health Districts (BRFSS, 2019) and NDPP Sites

Diabetes Prevalence
- 6.4% - 9.5%
- 9.6% - 13%
- 13.1% - 17.1%
- 17.2% - 20.8%
- Suppressed data
- NDPP Sites

Note: Data were suppressed for any unweighted sample size that was <20.
Source - Virginia Behavioral Risk Factor Surveillance System

Date: 2/2/2021
Distance Learning Delivery to Fill the Gap

- Advanced Training and TA in Distance Learning
  VCDPE

- Increase Programs to Underserved in Richmond
  VCU Health Hub

- Statewide Distance Learning National DPP
  Virginia Cooperative Extension

- Mini-Grants to support Distance Learning
  Virginia Diabetes Council
VDC Mini-Grants to High Risk Areas & Populations

1. Starting New DPP in High Risk Populations and Hot Spot Areas
   - Spanish Speaking Program - Virginia Hospital Center & La Casa
   - Rural SW Virginia - Carilion Health
   - Eastern Shore - Riverside Health & Eastern Shore Rural Health System
   - Martinsville - Balm in Gilead
   - Petersburg - La Casa de la Salud & Fit to Go
   - Hampton Roads - Sentara Princess Anne
   - Caroline and Spotsylvania Counties - Rappahannock YMCA
   - Low Income population, Culpepper - Remington Pharmacy

2. NEW in 2020-2021: 1817 VDC Mini-grants to support Distance Learning
   - Spanish Speaking DL program - Virginia Hospital Center
   - Brunswick Co DL program - Balm in Gilead
   - Hampton Roads area - Sentara Virginia Beach Hub
Improve Reimbursement
Medicaid Coverage of National DPP in VA

Statewide Coverage through DMAS

State Plan Amendment

1115 Waiver

Pilot Projects

Value-Based Payment
- Sentara RMH
- New Horizon's Balm in Gilead

MCO Pilot
- Optima
- Virginia Premier
- Anthem
Medicare (MDPP) Learning Collaborative

VCDPE

Virginia Hospital Center
Sentara VA Beach Hub
Virginia Cooperative Extension
Balm in Gilead
New Horizons
Sentara RMH
Chesapeake HC
Carilion HS
Increase Screening, Testing & Referral
Prediabetes Screening, Testing, Referral

**#1: VDC Mini-Grants**
- Blue Ridge Medical Center
- Central Virginia Health System
- Lloyd Moss Free Clinic

**#2: UVA EPIC Build & SHARE**
- All UVA Clinics
- All EPIC Users in Virginia: Valley Health, Carilion, Sentara, Virginia Hospital Center, Ballad Health, Mary Washington Hospital, INOVA, Riverside Health System

**#3: eClinical Works**
- VDH grant to CVHS
- Open TA for all FQHCs
Increase Number of Participants in Program
VDC Mini-Grants - Marketing
2018-19: 52% funding for Marketing
2019-20: 54% funding for Marketing
2020-21: 50% funded for Marketing

2019 VDC Social Media Marketing
Facebook ads-regionally

2020 Market Research
Retention
Recruitment
Referral
A Journey Worth Taking