Virginia Center for Diabetes Prevention & Education

Annual Report: July 2020 - June 2021
VCDPE Mission

- Provide evidence-based, high-quality education and training focused on diabetes prevention and self-management to healthcare providers and health educators
- Improve accessibility and quality of prediabetes and diabetes education using innovative models of care.
2020-2021 Projects

- Diabetes Prevention Lifestyle Coach Training
- Advanced Training in Distance Learning
- Medical Education
- Diabetes Tele-Education
- Statewide Diabetes Referral Network
- Medicaid Demonstration Projects
- Prediabetes: Screen, Test & Refer
- Grant Administration for the Virginia Diabetes Council
- Technical Assistance to Support and Build Diabetes Prevention Capacity
Diabetes Prevention Lifestyle Coach Training

- Trainings pivoted to 100% online due to social distancing regulations
- Completed 6 online trainings
- All trainings full
- Trained 70 people
- Provided 15 free training spots for Virginia Coaches
Advanced Training in Distance Learning

- Developed new training to support distance learning delivery of the National DPP Lifestyle Change Program
- Conducted four trainings
- Trained 170 coaches
- Provided 50 free training spots for Virginia coaches
- Revamped Advanced Training for 2021-22
Medical Education
Health Professional Higher Education given by VCDPE

- CDC: Delivering from a distance: Reaching people at home with the National DPP Lifestyle Change Program
- American Association of Professional Coders: Diabetes Prevention and Diabetes Education Programs: What you need to know
- ECHO: Chronic Kidney Disease: Understanding and working with Prediabetes
- Recent Advances (UVA Annual meeting for primary care providers): Nutritional updates on obesity: Ultra Processed Foods and Intermittent Fasting
- UVA Endocrine and Primary Care Faculty: Best (and Worst) Practices in in Telemedicine
- UVA Residents, 4-week series: Chronic Care Model: Diabetes Self-Management Education & Support
- UVA Summer Students: Diabetes Education & Nutrition Management
- UVA Dietetic Interns: Diabetes Class Day
- UVA Dietetic Interns: Diversity and Inclusion in Dietetics
- UVA Medical Students: Obesity and Lifestyle Management
- PVCC Community Health Worker Training: Diabetes Care & Management Strategies
- VA Coordinating Body of ADCES: CDES Experience with Telehealth & DSMES
- Richmond Mayor’s Youth Academy CHW Training: Diabetes Basics
Diabetes Tele-Education in Virginia

- DELIVERED three series (12 classes)
- PROVIDED ACCESS to certified diabetes education to 66 people with diabetes in Virginia
- EXPANDED to allow home access
- UPDATED curriculum
Diabetes Referral Network

Helping Virginia Clinics to Address Diabetes more Thoroughly and Locally

- **Diabetes Education**
  - Identify Local Diabetes Resources
  - UVA Diabetes Tele-Education

- **Diabetes Self-Management & Education Support**
  - Identify Local Programs

- **National Diabetes Prevention Program**
  - Identify Local Programs

- **CMS Quality Measures**
  - Support HQIN

- **Staff Training**
  - UVA Project ECHO
  - Additional Training Identified

- **Diabetes Retinopathy Screening**
  - Identify Local Sites
Medicaid Diabetes Prevention Program Demonstration

- Developed ROI estimate for providing Diabetes Prevention Program for Medicaid members
- Supported DMAS and VDH on State Plan Amendment
- Developed Value-Based Payment fee structure
- Oversaw Medicaid Value-based payment pilot of three sites and 45 people
- Integral in developing a Medicaid MCO Demonstration Project for 200-300 Medicaid MCO members to receive the National DPP Lifestyle Change Program in Virginia
Mini-Grant Administration for Virginia Diabetes Council

Supporting grant funding to smaller organizations to provide DSMES & Diabetes Prevention

- Developed timeline, application and submission tracking for DSMES and DPP mini-grants for two grant cycles
- Wrote marketing pieces and reached out to smaller organizations/clinics about grant availability
- Established DSMES and DPP Review Committees
- Received all mini-grant applications for DSMES & DPP mini-grants for two cycles
- Summarized applications for VDC Board
- Notified all mini-grant awardees
- Provided Technical Assistance to grantees
EPIC: Prediabetes Identification, Management & Referral

- Working with UVA Medical Informatics and Primary Care team to develop EPIC Prediabetes identification, management and referral tools.
- Tested EPIC tools in two primary care clinics at UVA
- Preparing for opening Epic tools to all clinics at UVA
- Arranging a Prediabetes Medical Grand Rounds at UVA to inform physicians about prediabetes and EPIC tools
- Surveyed all EPIC Health Systems in Virginia to determine interest in learning about EPIC Prediabetes tools.
- Preparing live and written training for other Health Systems in Virginia using EPIC
- Supported UVA resident in developing survey for UVA Primary Care Providers awareness around Prediabetes
Virginia Center for Diabetes Prevention & Education: Leader in Diabetes Prevention Efforts in Virginia

- Supported all Diabetes Prevention Program (DPP) Organizations in Virginia through direct availability for questions, monthly newsletter, biweekly Facebook posts, monthly VDC meeting,
- Instrumental in orchestrating two Medicaid DPP demonstration projects
- Organized Medicare DPP Learning Collaborative in Virginia
- Supported Virginia Diabetes Council’s Diabetes Prevention Committee by providing National and State Updates monthly
- Successfully organized and oversaw Diabetes Prevention Annual meeting in Virginia with with 80% of DPPs in State represented; 100% rated talks valuable to highly valuable
VCDPE's Technical Assistance provided to DPPs in Virginia

- 70 Lifestyle Coaches Trained
- 104 Lifestyle coaches engaged on VCDPE Facebook page
- 156 Lifestyle Coaches attended Monthly Meetings
- 170 Lifestyle Coaches Completed Advanced Training in Distance Learning
- 176 Technical assistance needs met
- 525 Reach of VCDPE’s Monthly Newsletter
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