

Virginia Center for Diabetes Prevention & Education

Annual Report: July 2021- June 2022

VCDPE Mission



- Provide evidence-based, high-quality education and training focused on diabetes prevention and self-management to healthcare providers and health educators
- Improve accessibility and quality of prediabetes and diabetes education using innovative models of care

2021-2022 Projects



Diabetes Tele-Education



Diabetes Prevention
Lifestyle Coach Training



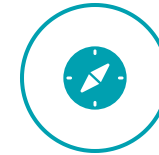
Medicaid Demonstration
Projects



Statewide Diabetes
Referral Network



Technical Assistance to
Support and Build
Diabetes Prevention
Capacity



Prediabetes: Screen,
Test & Refer



Medical Education

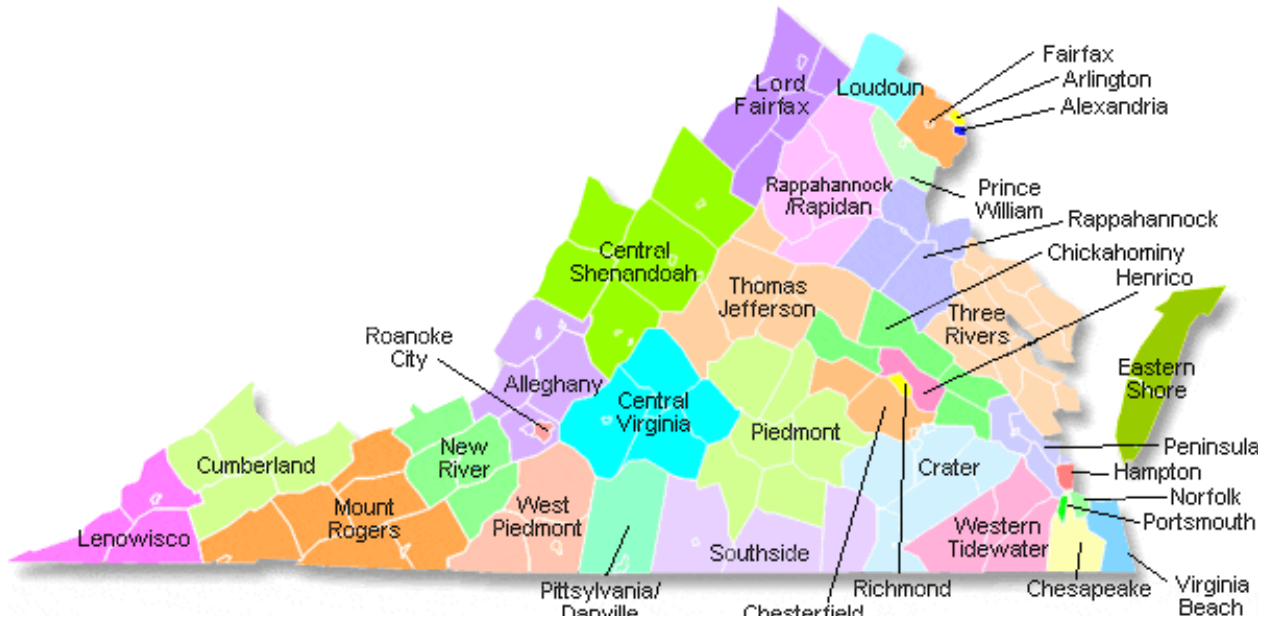


Advanced Training in
Distance Learning &
Group Coaching Skills



Community Service

Diabetes Tele-Education in Virginia



- **DELIVERED** three series (12 classes)
- **PROVIDED ACCESS** to certified diabetes education to people with diabetes in Virginia
- **EXPANDED** to allow home access
- **UPDATED** curriculum

Diabetes Referral Network

Helping Virginia Clinics to Address Diabetes more Thoroughly and Locally.

Provided Staff and patient resource for 65 Primary Care and Pharmacy Sites throughout Virginia



Medical Education

Health Professional Higher Education given by VCDPE

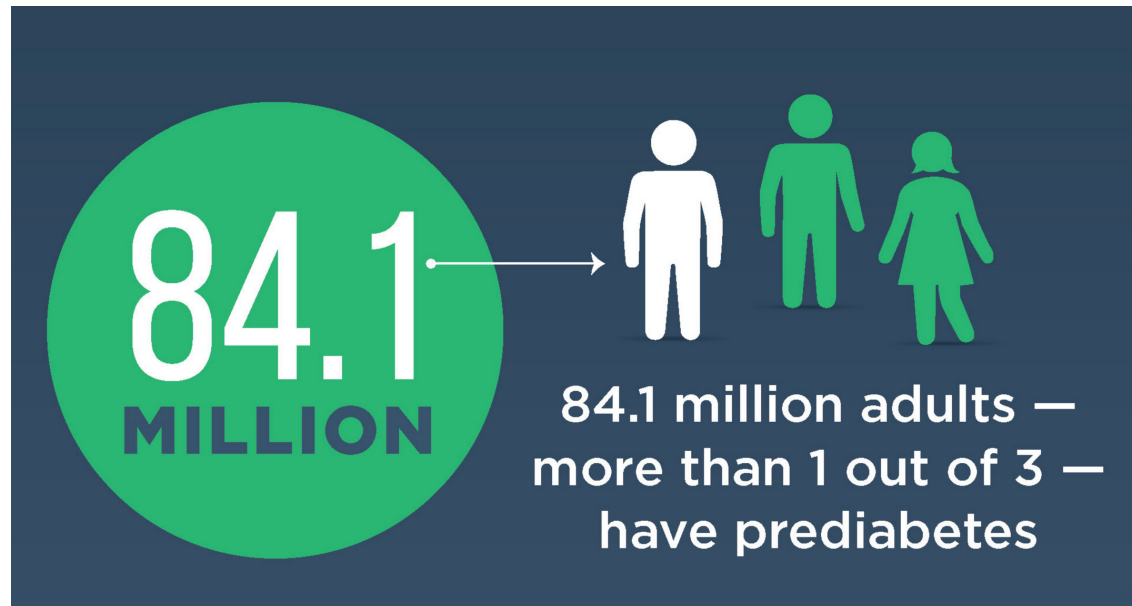
- Advanced Technology & Treatments for Diabetes 2022 Annual Meeting: Using Digital Technology for Diabetes Prevention Delivery and Engagement
- UVA Endocrine Fellows: *Nutritional Care for People with Diabetes*
- UVA Residents, 4-week series: *Chronic Care Model: Diabetes Self-Management Education & Support*
- UVA Dietetic Interns: *Diabetes Class Day*
- UVA Medical Students: *Obesity and Lifestyle Management*
- PVCC Community Health Worker Training : *Diabetes Care & Management Strategies* Coordinating Body of ADCES: *CDES Experience with Telehealth & DSMES*
- CHWET of Virginia: *Diabetes Basics for the Community Health Worker (four trainings)*
- WellAware: Diabetes Basics for the Community Health Worker
- Total Life Center of Southern Virginia: Diabetes Basics for the Community Health Worker
- Health Quality Innovator Network - Four Medical Minute Videos on DSMES and National DPP Awareness for Primary Care Providers

Diabetes Prevention Lifestyle Coach Training

- Trainings continued to be 100% online due to social distancing regulations
- Completed 6 online trainings
- Provided 30 free training spots for Virginia Coaches
- Updated Lifestyle Coach Training



Virginia Center for Diabetes Prevention & Education: Leader in Diabetes Prevention Efforts in Virginia



- Supported all Diabetes Prevention Program (DPP) Organizations in Virginia through direct availability for questions, monthly newsletter, biweekly Facebook posts, monthly VDC meeting
- Instrumental in orchestrating two Medicaid DPP demonstration projects
- Organized Medicare DPP Learning Collaborative in Virginia
- Supported Virginia Diabetes Council's Diabetes Prevention Committee by providing National and State Updates monthly
- Successfully organized and oversaw Diabetes Prevention Annual meeting in Virginia with 93% of DPPs in State represented; 100% rated talks valuable to highly valuable

VCDPE's Technical Assistance provided to DPPs in Virginia

58

Lifestyle Coaches
Trained

104

VCDPE Facebook posts for
National DPP Coaches

204

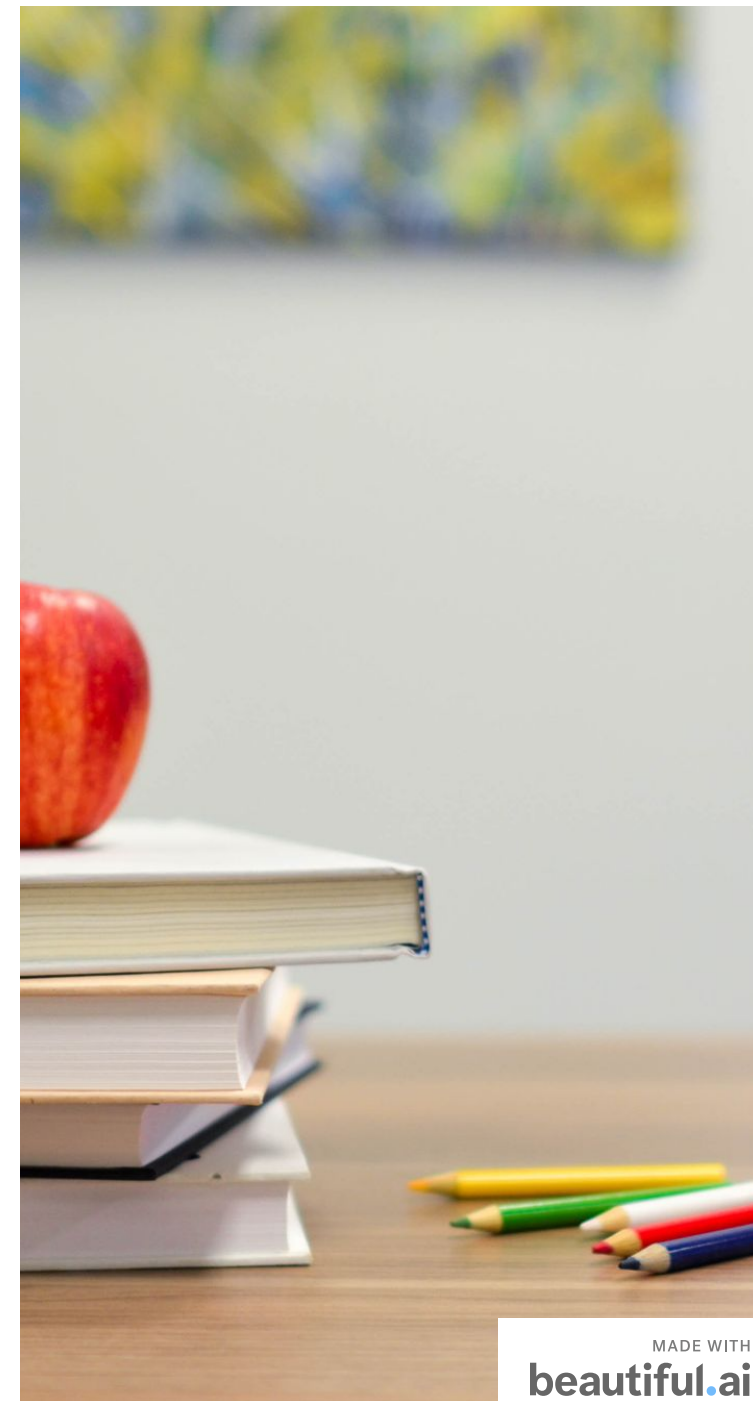
Lifestyle Coaches attended Monthly
Meetings

170

Technical assistance needs met

508

Reach of VCDPE's Monthly Newsletter



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Advanced Trainings in Distance Learning & CDC's Group Coaching Skills

- Facilitated training to support distance learning delivery of the National DPP Lifestyle Change Program
 - Conducted two trainings
 - Provided 20 free training spots for Virginia coaches
 - Trained by CDC and National Board of Health & Wellness Coaches to become Master Trainers for their Advanced Training in Group Coaching Skills
- Facilitated one six-month cohort in AT Group Coaching Skills



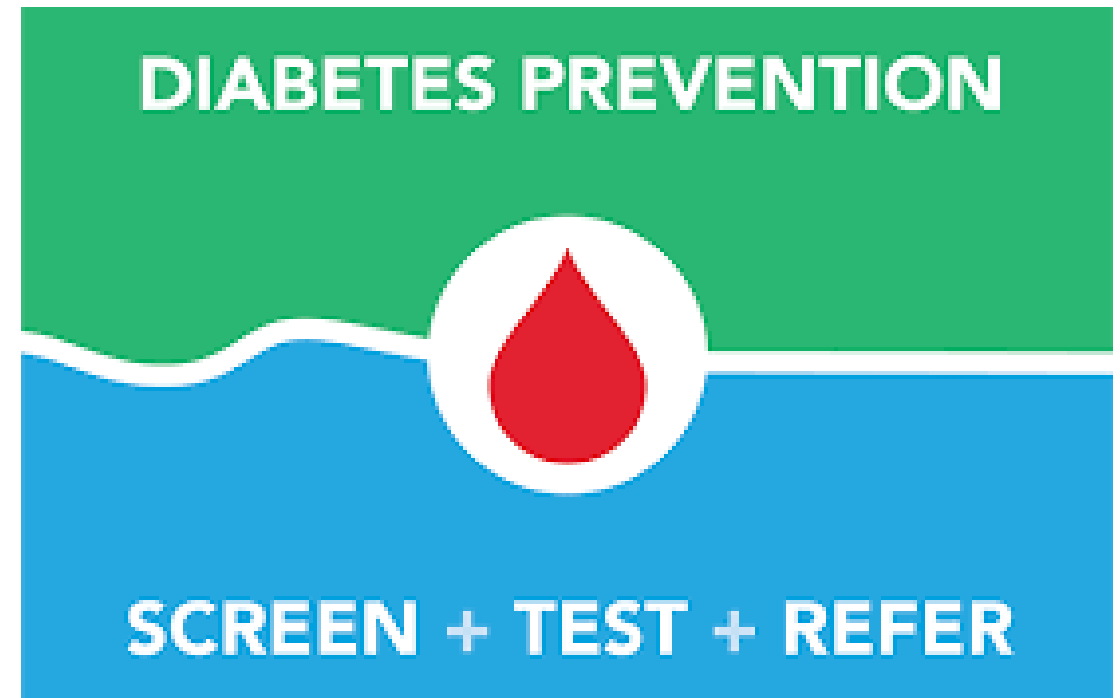
Medicaid Diabetes Prevention Program Demonstration

- Continue to oversee Medicaid Value-based payment pilot of three sites and 40 people
- Trained 2 Medicaid MCO (Anthem and Optima) staff in Virginia's Medicaid MCO Demonstration Project allowing Medicaid members to receive the National DPP Lifestyle Change Program in Virginia for free
- Identified and trained six National DPPs in their role participating in the Medicaid MCO Demonstration Project
- Trained six National DPPs in how to submit value-based claims using the CMS 1500 form
- Worked with Department of Medical Assistance Services (DMAS) and Virginia Department of Health to oversee recruitment, retention and project's progress
- Wrote supplementary grant for VDH so that Medicaid members could receive program supports (childcare, healthy food, transportation) when attending lifestyle change program



EPIC: Prediabetes Identification, Management & Referral

- Working with UVA Medical Informatics and Primary Care team to develop EPIC Prediabetes identification, management and referral tools
- Opened Epic tools to all clinics at UVA
- Faculty on a Prediabetes Medical Grand Rounds at UVA to inform physicians about prediabetes and EPIC tools
- Faculty on training UVA internal residents about Prediabetes and availability of EPIC Prediabetes tools
- Developed toolkit of EPIC Prediabetes tools for other EPIC users in Virginia to support their adoption
- Faculty training seven other Virginia Health Systems to use EPIC Prediabetes tools



Community Service

- Virginia Diabetes Council
 - Board
 - Co-Chair of Diabetes Prevention Workgroup
 - Active member of DSMES Workgroup
- National Kidney Foundation
 - Ending Disparities Committee
 - Prevention Committee
- UVA Diabetes Committee Collaborative Central Virginia Local Network Group
- Association of Diabetes Care and Education Specialists
 - Chair of Central Virginia Educators





Anne Wolf, MS, RD

Director



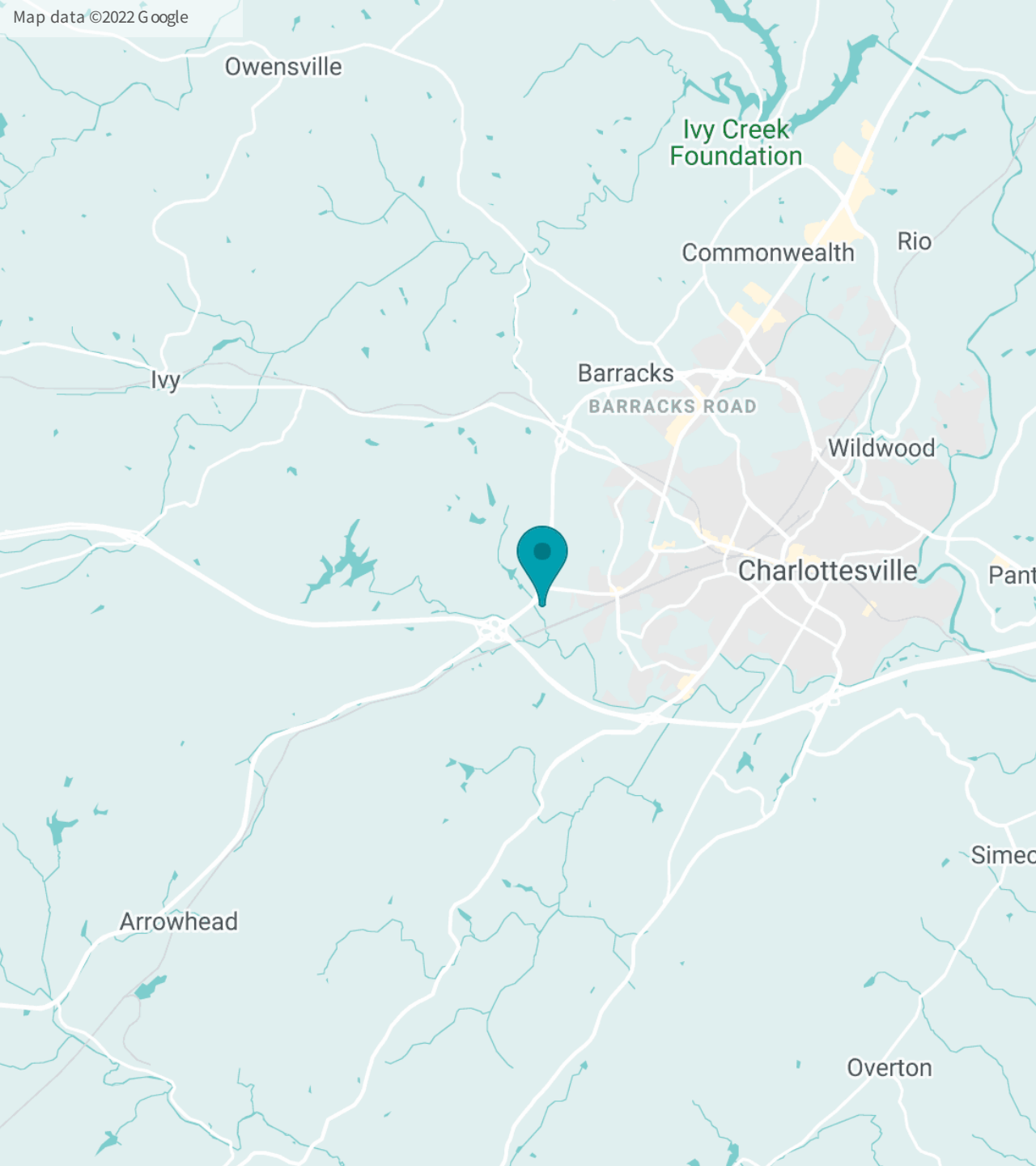
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