



SCHOOL of MEDICINE
The Virginia Center for
Diabetes Prevention & Education

7TH ANNUAL

Virginia Diabetes Prevention Program

MEETING

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The content is solely the responsibility of the authors and does not necessarily represent the official views of the Centers for Disease Control and Prevention or the Virginia Department of Health



VCDPE

Virginia Center for Diabetes Prevention & Education



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Agenda

- 1 | Welcome**
Anne Wolf, VCDPE and Nina Rodriguez, VDH
- 2 | Beyond the Plate: Cultural Considerations when working with Diverse Populations***
Viola Holmes, MS, RD, CDCES, UVA Center for Diabetes Technology
Nour Zibdeh, MS, RD, Private Practice (www.nourzibdeh.com)
Yanine Pedrazas Terrazas, RD, Inova Health
- 3 | "Hey Y'all" Innovative Strategies for Keeping your DPP Funded and Full over the Long Haul***
Makala Smith, MS, RD, BC-ADM, CDCES, Prisma Health & Carolina Diabetes and Kidney Center
- 4 | 12:00 - 1:00 Lunch and Networking Session (optional)**
- 5 | DPRP: Overview of Requirements, Enrollment & Outcomes- National & Virginia 2012-2023***
Elizabeth Ely, MS, CDC
- 6 | Physical Activity Perseverance: Tips for Staying on Track***
David Edwards, PhD, University of Virginia
- 7 | Best Practices around Retention and Participant Engagement- Panel***
Panel: Lisa Muras, VHC, Carla Horton, Tri Area Health, Capreia Davis, Sentara Virginia Beach, Wendy Lear Remington Drug

Housekeeping



Keep line muted, unless asking a question



Q&A after each presentation



Please use chat box for Questions.
Monitored by VCDPE staff

Lunch

12:00 - 1:00 pm

12:00 - 12:30 pm Lunch Break

12:30 - 12:55 pm Networking Session-
Optional

Break-Out Discussion Groups - Your Choice

- 1 | Creative Add-ons to Module Delivery-
Lorrie Rilko
- 2 | Amplifying the Reach of the DPP in
Black, Hispanic and Rural
Communities - Anne Wolf



Wrap Up



Thank you to our speakers,
facilitators, participants and funder



2 hours of National DPP LC
Advanced Training, VCDPE
3.25 CEUs
Email sent next week



Participant Satisfaction Survey
Please complete after meeting